



Course Description Sheets - Level 1

FOUNDATION AWARD IN CARING FOR CHILDREN Level 1

Examination Board: CACHE

Duration: One year

Minimum entry requirements: None

Enrichment opportunities:

- all students have access to our enrichment programme
- Key skills assessment
- visiting lecturers and professionals with specific knowledge in this field of work

Skills developed:

- basic skills in caring for children
- practical caring skills
- communication, oral and written

Likely next step opportunities:

- CACHE Level 2 in Childcare and Education

Equates to: Pass: 3 GCSEs Grade G
Merit: 3 GCSEs Grade E
Distinction: 3 GCSEs Grade D

Assessment summary: Unit 1: A satisfactory tutor's report
Units 2-6: A portfolio task written by CACHE
Units 2-7: A multiple choice question paper

Course outline: This qualification will not qualify you to practise in the workplace, but is an excellent way to prepare you for further training which would lead to qualified status.

Everyone working around children and young people will have to have a police check.

You will also be expected to attend 15 days work placement towards the end of the course.

Course structure:

The course consists of seven mandatory units.

Unit 1: Personal Development Tutorials

This unit will help you to understand your role as a responsible member of the community and the issues affecting people within society including homelessness, poverty, etc. The unit will also help to prepare you for work, including writing CVs, preparing for job interviews and writing letters of application. You will also learn how to work as an effective member of a team which will help you if you undertake work experience.

Unit 2: Human Growth and Development from Birth to Old Age

When working with children it is important to understand how they grow and develop. This unit will help you understand how a person develops from being a baby to becoming an elderly person. You will find out how a child learns to think and communicate, how they will develop physically and you will consider the emotional and social needs of the person.

Unit 3: Food and Nutrition

This unit will help you understand what is meant by a healthy balanced diet and how it can affect a child's growth and development. You will learn how to prepare food for children and understand why it is important to present food in an attractive way.

Unit 4: Health and Safety Practices in Home and Group Settings

This unit will help you to understand the importance of safety for children and encourage you to anticipate hazards and prevent accidents. It will also give you basic first aid skills and knowledge of safe and hygienic procedures.

Unit 5: Care for Children

This unit will help you to understand the basic care needs of young children and how they can be met in relation to their personal hygiene, comfort and wellbeing. You will learn how to care for young children of different ages by studying the daily routine of a child.

Unit 6: Play and Practical Activities

This is a double unit. It will introduce you to the importance of play in helping young children to grow and develop. You will learn different types of play and the role of adults in supporting and encouraging children's play. It will also help you to understand the importance of practical play activities for young children.

Unit 7: Orientation to Work Programmes

This unit will begin to prepare you for working with children and introduce you to the child care sector. The main purpose is to prepare you to work under supervision and within a team with children covering the age range birth - 15 years. It will help you decide whether or not you want to continue on to the next stage of training/education for working with children.